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Vol. 48 No. 117 Pages: 12 Rs. 3.00
Ph: 2496520 / 21 / 22 / 23
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HAPPY FATHER'S DAY

Honouring the man whose quiet love has always been the foundation of our strength.

International Day of Yoga-2025

Palace hosts rehearsal; 15,000 expected on June 21

National event to be held at Visakhapatnam, Andhra Pradesh; PM Modi to take part

Mysuru, June 15 (MTY&VNS)- As a prelude to the 11th International Day of Yoga (IDY) celebrations on June 21, the Department of AYUSH organised a rehearsal this morning at the Mysore Palace premises.

The national event this year will be led by Prime Minister Narendra Modi on June 21 in Visakhapatnam, Andhra Pradesh and the Prime Minister will lead the common Yoga protocol session with over five lakh participants.

The 11th edition of IDY is not just a celebration but a call to expand Yoga's reach across society. This year's theme, 'Yoga for One Earth, One Health,' is in line with the global health vision promoted during India's G20 Presidency and reflects the Indian ideal of 'Sarve Santu Niramaya' — meaning 'May all be free from disease.'

On June 21, 'Yoga Sangam' sessions will be held at more than one lakh locations across the country, making it one of the biggest synchronised Yoga demonstrations ever.

(See PALACE on page 7)

Teen pregnancies surge in Mysuru

Over 1,600 teenage pregnancies put Health Officials on alert

Mysuru, June 15 (DM)- After tackling the scourge of child marriage, the Mysuru District Administration is now grappling with a rising concern: Adolescent and teenage pregnancies.

Mysuru district alone has reported as many as 1,603 such cases recently, making it the highest among the five districts in the old Mysuru region.

According to Reproductive and Child Health (RCH) statistics, of the 1,603 reported cases in Mysuru district, five girls were just 14 to 15 years old, 15 girls were aged 15 to 16, 23 were 16 to 17, 124 were 17 to 18, and the largest share — 1,436 — were 18 to 19 years old. The data has alarmed the Health Department, given the severe health risks associated with teenage pregnancies.

Mysuru tops the list, followed by Hassan with 1,087 cases, Mandya with 948, Kodagu with 424 and Chamarajanagar with 416 cases.

Most of these cases come to light only when pregnant minors seek medical care at hospitals. Health Officials, aware of the risks and legal implications, provide special care for these young mothers from the moment they register at Government Hospitals. However, rather than pursuing immediate legal action, which can be complex, the Health Department limits itself to reporting such cases to the Police and the Department of Women & Child Development.

In Mysuru district, all pregnant minors are referred to Cheluvamba Hospital in Mysuru city for specialised care. Once a case is registered, the Police and Women & Child Development officials record statements from the girl and her guardians and decide on further action.

A majority of these pregnancies are reported from tribal hamlets *(haadis)* in H.D. Kote and Hunsur taluks, where underage marriages within blood relations persist despite awareness campaigns.

Many of these marriages are conducted secretly and surface only when the young bride becomes pregnant and requires medical help.

(See TEEN on page 7)

Locked toilets expose city's costly sanitation failure

Toilets built with crores of rupees under Govt. schemes in state of disuse; MCC cites multiple excuses

Mysuru, June 15 (MK&BS)- Despite crores of rupees spent under the Swachh Bharat Abhiyan and similar schemes, more than 10 public toilets across the city have remained locked for years, exposing glaring official apathy and reducing the much-publicised 'Open Defecation Free' promise to a farce.

Repeated appeals have fallen on deaf ears, as authorities show little will to open these facilities for public use. With no access to functional toilets, citizens are forced to relieve themselves in the open, defeating the very purpose of these expensive structures. Such unused toilets are identified near Vijayanagar Water Tank, Akkamahadevi Road in Vidyaranyapuram, J.P. Nagar, KRS Main Road near Gokulam, opposite RTO-West office near Lakshmipuram Police Station and several other busy public places.

The public toilets were built at an estimated cost of Rs. 40 lakh to Rs. 50 lakh each, under Swachh Bharat Abhiyan, State Finance Commission (SFC) and other grants.

(See LOCKED on page 7)

STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Sunday 15th June 2025

Rajayoga Meditation, Personality Development Programme held

Mysuru, June 15- A 21-day Dead Silence (Akhand Mauna) Rajayoga Meditation and Personality Development Programme was held at the Rajayoga Retreat Centre of Prajapita Brahmakumari Ishwariya Vishwavidyalaya, an international spiritual institution, Hunsur Road, in city.

Principal Rajayogi BK Ranganath Shastriji, who launched the programme, said: "Like how speech is like silver and silence is gold, silence is a mean of exploring the inner self of a person. Internal powers are developed, vices are removed, character is improved, behaviours are improved and personality is developed. Basic weaknesses are removed. Divine radiance appears on the face. All-round development occurs. Complete health is achieved."

Sub-Zone Chief Coordinator Rajayogini BK Lakshmiji said, every moment of the twenty-one days is precious and called for special emphasis on Rajyoga Dhyana, Jnan Dhyana Tapasya and to take full advantage of them.

Retreat Centre Coordinator Rajayogini BK Sharadaji introduced the 21-day routine.

Chamarajanagar District Coordinator Rajayogini BK Prabhamaniji, Swami Vivekananda Sadbhavana State Award winner Rajayogini BK Daneshwariji, Mani Anna, Santosh, Kumar and others were present.

EDITOR'S BOTTOMLINE

WHY DO WE NEED SATSANG?: ***Satsang refers to being associated with good people. Just as food is essential to our physical body, the company of good, noble, and pious men is necessary for a person's soul. The mind will be under control as long as a person is in the circle of satsang. Every day, people face various problems. Leaving them aside, if people elevate their minds, they can derive peace.***

In *Gitanjali,* ***Rabindranath Tagore appeals to God to raise his head above the daily trifles. Love and affection flowing downwards is called "attachment." A person showing affection towards his son or daughter cannot be called*** *bhakti.* ***It is out of predilection. The same shown towards his father, mother and guru is called*** *bhakti.* ***Affinity demonstrated by a person towards their home is called attachment, whereas the same towards one's nation is called patriotism. In the Kathopanishad, Lord Yama, the God of death, says to the young celibate Nachiketa that if people become immersed in the things they like most, they will end up in peril. If they start introspecting between good and evil, they will derive tranquillity.***

Ramanujamji said in a discourse that the term 'Aacharanam' refers to a person setting an example by following himself. Acharyas are those who establish a connection with God and show the paths prescribed by the Vedas, which are easy to follow. Establishing contact with Acharyas is very important.

Why do we need Satsang? It will kindle the desire to engage in spiritual activities. Involvement in spiritual activities will not come automatically. Only the teachings of *Mahaans* ***(great people) will make a person immersed.***

—In The Hindu

NEWS SPARKLERS

The edible cupcake bouquets of Macey Nemer

Sydney: Macey Nemer is recognized as an innovator in the baking world and the creator of the world's first standing cupcake bouquet.

Flowers are always a well-received gift, but so are sweets, so why not combine them into an offering good enough to eat? That's not quite how Sydney-based baker Macey Nemer came up with the idea for her famous cupcake bouquet, but the result was definitely the show-stopper she hoped it would be.

The young Australian had always been passionate about food and art, so even though she lacked any formal baking training, she didn't shy away from starting a cupcake business, experimenting for countless hours until she found the right consistencies and designs. Once she mastered a bunch of eye-catching floral designs for her cupcake frosting, she decided to assemble them into gorgeous edible bouquets.

Parents sued for tricking son into moving to Ghana

London: A 14-year-old English boy recently won a legal battle against his parents, whom he accused of tricking him into flying to Ghana and then preventing him from returning home.

The unnamed teen and his lawyers told a London Court of Appeal that in March of 2014, he was tricked by his parents into flying to Ghana under the pretext of visiting a sick relative, only to be enrolled at a boarding school in the African country. Initially, the High Court in London ruled in favour of the parents, who claimed to have had the boy's best interests in mind, but a Court of Appeal recently revoked that verdict and sided with the teen, considering that his freedom of choice had been infringed.

HEALTH CAPSULE

Vaccination in pregnancy is important for tetanus, also consider Influenza vaccine to prevent bad Respiratory infections

By Dr. Shaheen Akthar, Consultant – Obstetrics & Gynaecology - Manipal Hospital, Mysore

manipalhospitals LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

Mega Lok Adalat on July 12

Mysuru, June 15- As per the directions of Karnataka Legal Services Authority (KLSA), the Mysuru District Legal Services Authority (DLSA) will be holding a Mega National Lok Adalat in the City and District Courts on July 12.

The litigants can get resolved a wide range of disputes including Civil, Criminal (Compoundable offences), Family, Land, Labour and Bank Recovery related matters, cheque bounce cases, Motor Accident claims, consumer disputes, pre-litigation cases etc., that are pending in Courts or at pre-litigation stage, through an amicable settlement at the Lok Adalat.

The litigants and other parties in Mysuru city can call Toll Free No: 1800-425-0131 or 15100 and litigants in other taluk centres of the district can directly contact the respective Taluk Legal services Committee, according to a press release.

WATER LEVEL

KRS DAM	KABINI DAM	HARANGI DAM
Maximum **124.80 feet**	Maximum **2,284 feet**	Maximum **2,859 feet**
Today's level **109.12 feet**	Today's level **2,276.36 feet**	Today's level **2,851.73 feet**
Last year's level **86.50 feet**	Last year's level **2,263.61 feet**	Last year's level **2,827.63 feet**
Yesterday's level **108.92 feet**	Yesterday's level **2,276.48 feet**	Yesterday's level **2,851.95 feet**
Today's Inflow **3,377 cusecs**	Today's Inflow **3,029 cusecs**	Today's Inflow **3,208 cusecs**
Today's Outflow **906 cusecs**	Today's Outflow **3,667 cusecs**	Today's Outflow **3,750 cusecs**

REALLY...?

- *The Long-Wattled Umbrellabird is a weird bird found in the humid forests of western Colombia and Ecuador.*
- *The male is characterised by its all-black plumage, an umbrella-like crest on its head, and a long, inflatable wattle (a fleshy growth) hanging from its throat. The wattle can be over a foot in length. Females have a shorter wattle and a less pronounced crest.*
- *The Oilbird is a nocturnal bird found in the forests and caves of northern South America. It has a unique appearance, with a hooked bill, whisker-like bristles around its mouth, and reddish-brown plumage.*
- *The Philippine Eagle, also known as the Monkey-Eating Eagle, is a powerful raptor native to the Philippines.*

LAUGHTER THE BEST MEDICINE

There was a Principal who spoke to the school teacher who could not control her class of rowdies. "Mrs. Pereira, it is not right to send 'Thank you' cards to pupils who stay home due to illness."

TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 86.25
1 UK Pound	= Rs. 116.81
1 UAE Dirham	= Rs. 23.45
1 Euro	= Rs. 99.43

VOICE OF THE READER

KRS Road from Mysuru Ring Road Junction needs immediate repairs

Sir,

I am currently residing at Chamundeshwari Railway Layout, near JK Tyre on KRS Road, Shyadanahalli village near Ekalavyanagar. I wish to draw your immediate attention to the rapidly deteriorating condition of the stretch from the Ring Road Junction to Sunanda Factory.

The turn to the layout entrance has also become difficult due to bad road conditions.

This particular stretch has become severely damaged, with multiple potholes posing a grave threat to commuters.

Numerous accidents, some resulting in permanent disabilities and even loss of life, have occurred due to these poor road conditions.

As this road serves as a major route leading to the prestigious KRS Dam and the world-famous Brindavan Gardens, it witnesses heavy traffic daily, including tourists from all over India. The current state of the road tarnishes the image of Mysuru and endangers public safety.

Moreover, the bottleneck near JK Tyre — extending about 300 metres in front of the main gate — has worsened due to unauthorised shops encroaching on the road and the parking of heavy lorries belonging to JK Tyre.

Additionally, poor rainwater drainage near the Kodagalli petrol pump has further deteriorated the road condition. This has drastically narrowed the stretch, making it extremely difficult for larger vehicles like lorries and buses to pass smoothly, thereby increasing congestion and the risk of accidents.

This has drastically narrowed the road, making it extremely difficult for larger vehicles like lorries and buses to pass smoothly, increasing congestion and the risk of accidents.

Another major concern is the complete absence of streetlights along the stretch from the Ring Road Junction to KRS. The lack of proper lighting at night, combined with poor road conditions, poses a serious safety threat, particularly to women riding two-wheelers.

Several educational institutions, including GSSS Women's College and Hostel, Mahajana's Pooja Bhagwat College and SIMHA Subbalakshmi College, are situated along this road. Many female students commute here daily, and their safety and security must be treated with utmost priority.

In light of the above, I request the authorities to:

1. Instruct the concerned departments to take up urgent asphalting and repair of the damaged road.

2. Take necessary steps to remove unauthorised encroachments near JK Tyre for smoother traffic flow.

3. Install adequate street lighting along the stretch to ensure the safety of all commuters, especially women and students.

—S. Sripathi

Mysuru

6.6.2025

Malabar Group allocates Rs. 150 crore to scale up its CSR initiatives in 2025-26

Mysuru, June 15- Malabar Group, India's leading business conglomerate and the parent company of Malabar Gold & Diamonds, has allocated Rs. 150 crore in 2025-26 for scaling up its **Corporate Social Responsibility (CSR)** initiatives focused on healthcare, education, hunger and poverty alleviation, women empowerment, environment protection and housing for less privileged.

Under its flagship CSR initiative 'The Hunger Free World,' the Group has committed to distribute 70,000 meals daily in India and Zambia to the under-privileged, totalling 2.50 crore meals in 2025-26. This represents a significant leap from its cumulative achievement of 2.5 crore meals served over the past 3 years and signals a deepened commitment to the cause of food security for underserved communities. The initiative is aligned with the United Nations' Sustainable Development Goal 2 — Zero Hunger.

At an event held at Malabar Gold & Diamonds on B.N. Road, Mysuru, on May 28, which also marked the World Hunger Day, Sandesh Kumar, Dy.SP, Dr. Mohan Kakola, Nodal Officer, MDH and R. Rajesh, President of Rotary Club of Heritage, launched the next phase of the Group's CSR programmes.

Other dignitaries included P. Sharafudeen, South Zonal Head - Karnataka, Mohammed Anshaj, Assistant Store Head, Management Team Members, customers and well-wishers.

Commenting on the initiative, M.P. Ahammed, Chairman of Malabar Group said, "At Malabar Group, CSR is an integral part of our culture and we believe in giving back to society. We dedicate May 28 as our annual CSR Day; we reaffirm our pledge to stand with the underserved through sustained and impactful action. Our CSR initiatives are a reflection of that enduring commitment. While we are doing our utmost, a greater impact can be achieved if more organisations join this mission. With 295 million people globally facing acute hunger (as per UN data), immediate action is non-negotiable. This urgency drives our meal distribution efforts under the Hunger Free World initiative. Having said that, along with food distribution, the need of the hour is concerted efforts to boost production, creating jobs and fostering economic growth to bring in sustainable change."

In Karnataka, Malabar Group is distributing around 7,425 meals per day across 19 locations: Bengaluru, Mangaluru, Mysuru, Kalaburagi, Hubballi, Belagavi, Udupi, Davangere, Vijayapura, Ballari, Shivamogga, Hassan, Dharwad, Bidar, Chikkamagalur, Mandya, Raichur, Tumakuru and Kolar.

Long-Term NEET coaching by Learners NEET Academy

Mysuru, June 15- Learners NEET Academy, in collaboration with a leading corporate hospital, will be launching its Long-Term NEET Coaching Programme aimed at NEET repeaters seeking comprehensive expert guidance and a transformative learning experience, designed to nurture the next generation of medical professionals. This is an exclusive residential initiative.

The programme will be under the mentorship of Murali Konareddy, an IIT alumnus and Dr. Nemi Chandra, MS (NEET Topper & Gold Medallist, Mysore Medical College).

The classes will be handled by the subject matter experts with personal mentoring from passionate Medicos. Their combined expertise aims to deliver a robust and holistic NEET preparation experience.

The programme is limited to 50 residential students, ensuring personalised attention and mentorship.

It also has comprehensive scholarship schemes to promote merit and inclusivity.

Corporate Scholarships of Rs. 1,40,000 will be provided for students with Expected NEET Score: 200 to 300+ and 2nd PUC/CBSE Marks: 65 percent.

This initiative is tailored to empower talented students, regardless of their economic background, by providing access to expert coaching and a supportive learning environment.

The programme's limited intake ensures that each student receives focused academic guidance and mentorship.

Applications are now open. Fill the google form: ***https://forms.gle/fbtwDXpY8Rx8P8Ey9***

For more information, Interested NEET aspirants may contact Learners NEET Academy or call Mob: 80781-15720 or 99169-33202.

Wins silver in Wushu Championship

G. Pranathi

Mysuru, June 15- G. Pranathi has secured silver medal in the 25th Sub-Junior National Wushu Championship-2025 held at KSR College of Engineering at Tiruchengode, Tamil Nadu, recently.

A 5th std. student of Police Public School, Pranathi is the daughter of S.D. Giridhar and L. Sangeetha of Gayathripuram. She is being trained at Chamundi Vihar Stadium by Master Parthipa and Master Darshan.

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MCC chief inspects facilities, cleanliness at Udayagiri

MCC Commissioner Shaikh Tanveer Asif along with officials and staff inspecting various localities in city to know about the problems faced by the residents and public in these areas yesterday.

Mysuru, June 15 (RK&VNS)- Mysuru City Corporation (MCC) Commissioner Shaikh Tanveer Asif went on city rounds and inspected various facilities and cleanliness at Udayagiri, Kyathamaranahalli, Rajivnagar, Beedi Colony and surrounding areas.

Asif, who noticed uncleared weeds in storm water drains, instructed officials to clear the storm water drains to ease the flow of water and prevent breeding of mosquitoes. He also instructed UGD engineers to ensure there were no blockages that cause overflowing of sewage water especially during rainy season. He also inspected the Outer Ring Road from Hanchya-Sathagalli till Royal Inn Junction and instructed the officials to clear construction debris and other wastes dumped on service roads, clean up the waste collected near the median and also to install new bulbs for the streetlights on the Outer Ring Road.

The MCC Commissioner, who instructed the officials to take up cleaning works on the Outer Ring Road once in every six months, told the officials to initiate action against those dumping debris on service road and installing illegal advertisement boards. He asked officials to submit action taken report at the earliest.

House burgled

Silver articles and cash stolen

Mysuru, June 15 (VNS)- An incident of miscreants breaking into a house and making away with silver articles and cash has been reported from Hootagalli in city recently. The incident occurred at a house in KHB Colony belonging to N.S. Sunil, a Bank employee.

According to Police, the incident occurred on May 21 when Sunil, who works in Madikeri, had been to their native village Chilkunda with his mother. His neighbours informed about his house door kept open.

Sunil, who rushed back to his house, found the door was forcibly opened and on entering inside he also found that the almirah and wardrobe also opened with clothes and other items ransacked with Rs. 65,000 worth silver articles and Rs. 15,000 cash missing.

He immediately informed Vijayanagar Police, who rushed to the spot, conducted mahazar, besides registering a case and taking up investigation.

Mysuru Kannada Vedike stages protest against proposed amusement park at KRS

Mysuru, June 15 (GA&KS)- Opposing the proposed construction of an amusement park by the State Government at Krishna Raja Sagar (KRS), members of Mysuru Kannada Vedike staged a protest near the old Deputy Commissioner's Office in city yesterday.

Pointing out that KRS Dam was not built for the Deputy Chief Minister to make merry there, the protestors said that the Dam was built for the farmers to take up agricultural activities and to provide drinking water to the people of Mysuru and Bengaluru. "It is not right on the part of the Minister to speak as per his will by sitting in a corner of Vidhana Soudha without having a little knowledge about the history of Cauvery River and Mysuru," they added.

Stating that a few MLA's, farmer leaders, pro-Kannada activists from Mysuru and Mandya regions are fighting against the proposed amusement park, the protestors alleged that the Ministers in the State Government were speaking as if they had built the KRS Dam.

"The State Government is acting like the Tughlaqs without considering the people of Mysuru and Mandya. None of the farmers are being respected. The Government is speaking as if Cauvery River is its property," the protestors expressed their anger and demanded roll back of the proposed amusement park construction.

Vedike President S. Balakrishna, Naalabeedhi Ravi, Bogadi Siddegowda, Palace Babu, Gurubasappa, Madappa, Govindaraju, Kaveramma, Harish, Prema, Sunil and others took part in the protest.

Cyber fraud: Man loses Rs. 11 lakh

Mysuru, June 15 (VNS)- An incident of a person losing Rs. 11 lakh to cyber fraud has been reported in city.

According to the Police, the said person, a resident of Kanakagiri in city and working as an accountant, who received a message on Telegram application, downloaded the NMM App. and with an aim to make profit, invested Rs. 12.21 lakh through his credit card. Fraudsters, who had promised 10 percent profit, initially transferred Rs. 1.20 lakh to his account. Later, despite several attempts, they could not be contacted. With no other option, the person filed a complaint at CEN Police Station.

Unidentified bodies found

Mysuru, June 15 (KS)- In separate cases, Lashkar Police have found bodies of two unidentified persons in their jurisdiction and have registered cases.

In the first case, a body of an unidentified man aged between 60 and 65 years was found near a shop on June 8.

The deceased is 5.4 ft. tall, normal built, dark complexioned, sports beard and moustache, has a mole on his chest and was wearing full arm shirt with grey and black coloured flowers and black pant.

In the second case, a body of an unidentified man was found in front of a shop on Ashoka Road in city.

The deceased is aged between 40 and 45 years, 5.6 ft. tall, normal built, dark complexioned, sports long beard and moustache, has a mole on his stomach and was wearing a grey coloured full arm sweater and green T-shirt.

The kith and kin of the deceased persons, if any, may contact Lashkar Police Station on Ph; 0821-2418107/307 or call Police Control Room on Ph: 0821-2418339.

A body of an unidentified woman aged about 38-40 years has been found at the bus shelter opposite Siddiquinagar Arch in N.R. Police limits on May 21.

The woman is 5'1" in height, oily red complexioned, oval faced and sturdily built with black hair. The woman wore a blue coloured gown of K.R. Hospital.

The kith and kin of the deceased, if any, can contact the N.R. Police (Ph: 0821-2418312 or Mob: 94808-02236) or Police Control Room (Ph: 0821- 2418300), according to a press release.

Two arrested for security breach at KRS Dam; released on Station Bail

Srirangapatna, June 15 (KS)- Krishna Raja Sagar (KRS) Police have arrested two of the three persons for illegally entering the restricted zone at KRS Dam and making selfi videos for reels.

Those arrested are Jeevan and Murthy of Chikkade village in Pandavapura taluk.

Jeevan and Murthy, along with another person had entered the restricted zone and had made a video near the crest gates of the Dam besides giving details of the Dam and those with them. The video was uploaded to a social media platform which had gone viral.

Following reports of the viral video on social media, print and electronic media, Cauvery Neeravari Nigam Limited (CNNL) Assistant Executive Engineer Farooq Abu lodged a complaint at KRS Police Station.

KRS Police, who registered a case, arrested Jeevan and Murthy at Chikkade village and the duo were later released on Station Bail.

Monsoon adventure rush

River rafting season begins in Kodagu with tight safety norms

Kushalnagar, June 15 (AG& BCT)- It's raining heavily in Kodagu and adventure enthusiasts eager for an adrenaline rush are heading to Dubare and Barapole for whitewater rafting and rappelling in the rapids. The activity season for 2025 has resumed with the onset of the monsoon and is drawing a good response.

Rafting on the Cauvery and Barapole rivers is an exhilarating experience. It begins once the river inflow increases and water levels rise. The rafts used are rubberised, inflatable boats rowed manually — motorised rafts are prohibited.

Hitting the rapids — sections where water rushes swiftly over or around rocks — sends a surge of adrenaline as the raft rocks under the sheer force of the current.

The thrill does come with an element of risk, but rafters are equipped with safety gear, including life jackets. This year, 75 rafts are operating in Dubare and 24 in Barapole. Each raft carries up to six people and must have a certified guide onboard.

River rafting operators must obtain fitness certification for their rafts from the General Thimayya National Academy of Adventure (GETHNAA) and Police verification is mandatory.

Skill training for guides

No rafting operations are permitted without valid certificates and life jackets are compulsory for all participants. Guides are required to undergo skill assessments and must wear uniforms while on duty, officials said.

A 7-kilometre rafting trip at Dubare takes about an hour and a half, while Barapole offers a shorter yet more adventurous 4.5-kilometre stretch. At Dubare, rafters experience two rapids and can swim at designated spots.

Barapole boasts more than nine rapids, ranging from Class 2 (moderate, with clear channels and manageable whitewater) to Class 4 (intense, powerful rapids requiring precise manoeuvring). It is set along the Kithu Kakathu River (KKR), a turbulent stream that winds through the Brahmagiri Hills before joining the Arabian Sea via Kerala.

While whitewater rafting at Dubare will cost Rs. 800 per person, the same activity at Barapole will cost Rs. 1,200. Still water rafting at Dubare will cost Rs. 200 per person. The whitewater season runs from June to late September, followed by the stillwater season from October to December or January, after which water levels drop.

Whitewater occurs where a river's gradient creates turbulence, trapping air and forming frothy, opaque water. In contrast, stillwater refers to parts of a stream where no visible current flows.

Stringent rules

In a move to strengthen safety regulations in adventure tourism, river rafting operators have been directed to renew their licences and obtain Fitness Certificates. The decision was taken at a meeting of the River Rafting Management and Monitoring Committee held at the Harangi Reservoir near Kushalnagar on Friday.

Madikeri MLA Dr. Mantar Gowda stressed the need for strict safety measures, especially during the monsoon season when tourist numbers increase.

Deputy Commissioner Venkat Raja said, all operators must undergo training and secure certification through GETHNAA to ensure quality and safety in water-based activities.

The Committee also approved key infrastructure upgrades, including shelters at ticket counters, stair railings for river access, changing rooms, restrooms, benches, drinking water facilities, informative signboards and CCTV surveillance.

Tourism Department Deputy Director Anita Bhaskar was present at the meeting.

New rafting spot at Kumarahalli

Kushalnagar, June 15 (AG & BCT)- This year, the District Administration has permitted whitewater rafting at Kumarahalli (Bidalli) in Somwarpet taluk.

The site in Kumaradhara River is located at the foothills of the scenic Pushpagiri-mountains, behind the famous Mallalli Falls near the Power Station. Rafting starts from Kumarahalli and ends just behind the Bidalli Mini Hydel Project near Mallalli waterfalls.

Commercial operations are expected to begin next week, as organisers await trained guides from Dandeli. The stretch spans seven kilometres with seven rapids. Currently, there are four boats and four guides and each participant will be charged between Rs. 1,000 and Rs. 1,200 — rates that must be approved by Kodagu District Administration.

Under the Karnataka Tourism Policy 2024-29, 11 applications have been received for kayaking licences along the banks of the Hemavathi and Cauvery rivers, as well as the Harangi backwaters and Kenchammana Hoskote Lake. The feasibility reports for these sites would be studied before granting approvals.

Thousands take part in cleanliness campaign

A section of the representatives from various organisations who took part in the 'Namma Mysuru, Swachha Mysuru' campaign in city yesterday. Picture right shows a person, dressed as 'Plasticasura,' along with others, taking oath to quit plastic.

Mysuru, June 15 (MTY&VNS)- Thousands took part in the 'Namma Mysuru, Swachha Mysuru' campaign organised by Mysuru City Corporation (MCC) as a part of World Environment Day celebrations, here yesterday.

Volunteers cleared the plastic waste and other materials littered on the either side of the Outer Ring Road.

Speaking on the occasion, MCC Commissioner Shaikh Tanveer Asif said that Mysuru, known as the Cultural City, is also famous for cleanliness and urged people to join hands with the authorities to keep the city clean. "People have been using plastic which is harmful for the environment. It is important to quit using plastic," he added.

Later the participants were administered an oath to quit plastic. They also formed a human chain calling for ending plastic pollution. A person, dressed as 'Plasticasura,' grabbed attention.

MCC Deputy Commissioner (Development) K.J. Sindhu, Health Officer Dr. N.P. Venkatesh, Assistant Executive Engineers (AEEs), Environmental Engineers, Health Inspectors and others were present.

Fields of Gold

Sunflower bloom into a seasonal spectacle at Gundlupet

By M.T. Yogesh Kumar

Mysuru, June 15- Facing the sun with their radiant yellow blooms, charming sunflower fields are now drawing crowds of tourists travelling through Gundlupet, especially those coming from Kerala and Ooty towards Mysuru. Visitors can't resist stopping to snap selfies and reels amidst these dazzling golden expanses.

Thanks to good pre-monsoon showers, farmers across Gundlupet taluk have grown sunflowers as a traditional crop this season, resulting in a bountiful harvest. The fields, now awash in vibrant yellow, catch the eye of passersby and have become an unexpected visual treat on popular routes.

Seasonal agri-tourism hotspot

These sunflower fields have blossomed into short-term agri-tourism spots, bringing in extra income for farmers. Fields along the Gundlupet – Ooty Road, Sultan Bathery Road and the stretch towards Himavad Gopalaswamy Betta are delighting tourists with their scenic splendour.

Every year, farmers in this region cultivate sunflowers around this time, but this year's healthy crop has amplified the attraction.

Tourists heading to Mysuru or passing through Gundlupet towards Kerala and Ooty frequently pull over to capture memories among the blooms. In many fields, sunflowers are at their peak, while in others, they are nearing harvest, creating a patchwork of yellow waves across the countryside.

Farmers' earnings

To manage the influx, farmers and workers are charging a small fee for photography. Tourists arriving by car or jeep usually pay Rs. 20 to Rs. 30, while larger groups in tourist buses are charged Rs. 50.

Depending on the location and the number of visitors, owners earn anywhere between Rs. 500 and Rs. 1,500 daily, with some collecting around Rs. 100 to Rs. 200. This seasonal income offers farmers a welcome boost in addition to their harvest earnings.

Crop damage concern

However, the selfie craze has a downside. Some visitors ignore rules and enter the fields without permission, damaging plants and making mature sunflower heads unfit for harvest.

To prevent losses, farmers are posting workers to watch over the fields and are urging tourists to take photos from the edges rather than trampling the crops.

Farmers say they are happy to share the beauty of their fields but request visitors to respect the plants and follow simple guidelines to ensure the blossoms remain as stunning as nature intended — and that the crop can be harvested without losses.

Photo craze turns a windfall for farmers

We don't force anyone — if they offer, we accept," says Mahadevu, a farmer now tasked with guarding his sunflower field from careless visitors.

"If people come to take photos or videos and choose to pay, we gladly accept it. But we never demand money. Even if four or five people come in a car or jeep, they usually give Rs. 20 or Rs. 30. Those who arrive by bus often offer Rs. 50 or Rs. 100. Hundreds visit daily and farmers are earning between Rs. 500 and Rs. 1,000 each day."

Meanwhile, tourists feel it's only fair. "We pay entry fees at other tourist spots, so why not here? There's nothing wrong with paying a small amount to take photos in these sunflower fields that farmers have worked so hard to grow," say Unnati, Sanvi and Jahnavi, tourists from Kerala.

"Capturing such stunning scenes brings so much joy. Just seeing sunflowers in pictures and videos makes us happy," they added.

[Pics. by M.N. Lakshminarayana Yadav]

Locked toilets expose city's costly sanitation failure

(Continued from page 1)

Apart from urinals, they also have a hot water bathing facility, but have been left abandoned due to the blatant negligence of MCC Officials. This shows how the taxpayer's money is losing its value.

Busy public gathering areas

Had the toilet in Ward No. 49 at Lakshmipuram kept open, it would have benefited hundreds of the public who visit Police Stations (Lakshmipuram Law and Order, Lakshmipuram Traffic, ACP office, Krishnaraja Sub-Division), RTO and other public offices nearby.

Similarly, the toilet in Ward No. 19 of Chamarajapuram would have benefited those visiting the Law Courts Complex, Chamarajapuram Railway Station, Tennis Court, Zilla Panchayat and other public offices nearby.

The toilet in Gokulam was built for the use of those visiting ESI Hospital, Trauma Care Centre, Multi-Speciality Hospital, Sri Anjaneya Swamy Temple and others in the vicinity.

The toilet at Ward No. 20 near Vijayanagar Water Tank, if opened for public use, shall be helpful for the construction workers and those visiting the Sub-Registrar's office and others.

But, even before opening the facility built at the cost of Rs. 48 lakh under the Swachh Bharat Abhiyan grants, the window panes have been damaged, telling the state of negligence of officials in maintaining the building. Similar is the state of three public toilets, including the one on Akkamahadevi Road, coming under the Krishnaraja Assembly Constituency.

Former Corporator K.V. Sridhar said, it is two years since the public toilet was built near Vijayangar Water Tank, but there has been a delay in inaugurating the facility. The fund actually meant for building the similar facility at Town Hall premises, was diverted here, but after much struggle at the Council Meeting, but to no avail.

'Toilets being repaired'

Shilpa, Executive Engineer, Underground Drainage (UGD), MCC, said that those toilets facing several issues are being repaired, while the tenders have been invited for the maintenance of newly built toilets. All the public toilets will be opened for public use shortly.

Ashwin, Executive Engineer, UGD-West, said that the toilet near Vijayanagar Water Tank will be inaugurated by this week, as the work order has been issued after awarding the tender. The main reason behind the delay is the dismal response to the tender to maintain toilets.

A contractor said that the toilet in Lakshmipuram is riddled with UGD-related issues. If the issue is addressed, the toilet can be opened for use and the officials are also aware of the same.

Yoga rehearsal at Palace

(Continued from page 1)

During the rehearsal in Mysuru this morning, more than 1,500 Yoga enthusiasts of all age groups — representing various Yoga Schools, along with NCC Cadets, NSS volunteers, Scouts and Guides, and AYUSH Department staff — performed asanas under the guidance of Yoga Instructors, undeterred by light rain and the chilly weather.

The session followed the Common Yoga Protocol for IDY-2025, which includes warm-up exercises, yogasanas, pranayama and meditation. The rehearsal began with a warm-up at 6.30 am, followed by a briefing from instructors.

Participants then performed a series of asanas, including Tadasana, Vrikshasana, Padahastasana, Ardha Chakrasana, Trikonasana, Bhadrasana, Vajrasana, Ardha Ustrasana, Ustrasana, Shashankasana, Uttana Mandukasana and Vakrasana, among others.

This year, authorities expect around 15,000 Yoga practitioners to take part in the main International Day of Yoga event in Mysuru on June 21. The rehearsal was supervised by District AYUSH Officer Dr. Renuka Devi.

Teen pregnancies surge

(Continued from page 1)

Health Officials admit that while some community members are aware of child marriages in advance, they often do not report them. The Department, meanwhile, reports every underage pregnancy it handles but points out that if a child bride does not conceive before turning 20, the marriage may never come to light.

Alarmingly, child marriages and underage pregnancies have been reported not just in tribal and rural communities but also among educated and affluent families.

Despite sustained awareness campaigns by the Health, Police and Judicial Departments — especially targeting tribal hamlets — these practices continue to put the lives and health of young girls at serious risk.

Sandalwood tree felled; trunk stolen

Mysuru, June 15 (KS) - Miscreants, who chopped a sandalwood tree grown inside the compound of a house at V.V. Mohalla recently, have made away with the trunk.

The nearly 10 ft. tall sandalwood tree was grown inside the compound of the house of Naveen on 16th Cross at V.V. Mohalla.

CCTV camera installed in the house has captured image of three persons chopping the tree at about 1 am and carrying away the trunk.

Jayalakshmipuram Police, who have registered a case have collected the CCTV footage and are investigating.

Delay in MDA meetings stalls real estate sector

No approvals for new residential layouts; project planning and execution halted

Mysuru, June 15 (BCT)- The Mysuru Urban Development Authority (MUDA), which was recently renamed as the Mysuru Development Authority (MDA), has not convened a single meeting in past six to seven months — an administrative vacuum that has severely impacted city's real estate sector and dented Government revenue.

Deputy Commissioner G. Lakshmikanth Reddy, in his capacity as MUDA Chairman, had chaired the last general meeting on Nov. 7, 2024. That meeting focused extensively on the controversy surrounding site allotments given as compensation in a 50:50 ratio. It turned out to be the final session before the Authority's rebranding.

Though MUDA was formally dissolved and replaced by MDA last month, the formation of the new administrative board remains incomplete. As a result, no general meeting has been held under the new banner, leaving developers anxious and projects in limbo.

The real estate sector — one of MDA's main sources of revenue — is now witnessing a slowdown. The absence of timely meetings has stalled approvals for new residential layouts, halting project planning and execution.

Developers are reeling under mounting financial pressure due to rising loan interests and shrinking returns on investment. Delays have also eroded trust with customers, as developers struggle to deliver sites on time.

Industry representatives have raised concerns that the prolonged uncertainty is discouraging fresh investments and dragging down related business activities. Banking transactions linked to new projects have also been affected.

Government coffers are now feeling the pinch as this revenue stream has dried up.

Developers warn that if bottleneck persists, the additional financial burden will be on site buyers, upping property prices.

Introduce a single-window system

The absence of MDA meetings for the past six to seven months has caused significant losses for developers. Since the Deputy Commissioner also serves as the Chairman of the MDA, a circular meeting can be convened immediately to start accepting applications, with formal approvals granted in the next Authority meeting. This would help clear all pending files efficiently.

A.P. Nagesh

It is crucial to introduce a single-window system within the Authority to simplify and speed up all procedural workflows. Even if monthly meetings are delayed, eligible files can still be cleared as per the rules. This will ensure that layout development continues without interruption and that the Government's revenue stream remains unaffected.

— A.P. Nagesh, Managing Partner, APN Properties

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ತಿದ್ದುಪಡಿ

ಜೆ. ಪಿ. ನಗರ ಬ್ರಾಹ್ಮಣ ಸಂಘ (ರಿ)

177, 10ನೇ ಮುಖ್ಯ ರಸ್ತೆ, 'ಎಫ್' ಬ್ಲಾಕ್, ಜೆ. ಪಿ. ನಗರ, ಮೈಸೂರು – 570 031

ದಿನಾಂಕ 15.06.2025ನೇ ಭಾನುವಾರ ಅಪರಾಹ್ನ 2.00 ಗಂಟೆಯಿಂದ ಸಂಜೆ 5.00 ಗಂಟೆಯವರೆಗೆ ಜೆ.ಪಿ. ನಗರ ಬ್ರಾಹ್ಮಣ ಸಂಘ(ರಿ) ಸಭಾದ ಆವರಣದಲ್ಲಿ ಪದಾಧಿಕಾರಿಗಳ ಚುನಾವಣೆಗೆ ಮತದಾನ ನಿರ್ವಹಿಸಲಾಗಿತ್ತು. ಅಧ್ಯಕ್ಷರು ಹಾಗೂ ಉಪಾಧ್ಯಕ್ಷರ ಸ್ಥಾನಗಳಿಗೆ ಒಂದೊಂದು ನಾಮಪತ್ರ ಸಲ್ಲಿಕೆಯಾಗಿದ್ದು ಈ ಎರಡೂ ಸ್ಥಾನಗಳಿಗೆ ಅವಿರೋಧ ಆಯ್ಕೆಯಾಗಿರುತ್ತದೆ. ಕಾರ್ಯದರ್ಶಿ, ಸಹ ಕಾರ್ಯದರ್ಶಿ ಹಾಗೂ ಖಜಾಂಚಿ ಸ್ಥಾನಗಳಿಗೆ ನಾಮಪತ್ರ ಸಲ್ಲಿಕೆಯಾಗಿರುವುದಿಲ್ಲ. ಆದ್ದರಿಂದ ಮುಂದಿನ ಹಾಗೂ ಚುನಾವಣಾಧಿಕಾರಿಗಳ ಸಮಮತದೊಂದಿಗೆ ದಿನಾಂಕ 13.07.2025ರ ಭಾನುವಾರದಂದು ಕಾರ್ಯದರ್ಶಿ, ಸಹ ಕಾರ್ಯದರ್ಶಿ ಹಾಗೂ ಖಜಾಂಚಿ ಸ್ಥಾನಗಳಿಗೆ ಮತದಾನವನ್ನು ನಿಗಧಿಸಲಾಗಿದೆ. ಚುನಾವಣಾ ವೇಳಾಪಟ್ಟಿಯನ್ನು ಕೆಳಕಂಡಂತಿರುತ್ತದೆ.

ಕ್ರ ಸಂ.	ವಿವರಗಳು	ವೇಳಾಪಟ್ಟಿ ಹಾಗೂ ಇನ್ನಿತರ ವಿವರಗಳು
1	ನಾಮನಿರ್ದೇಶನ ಅರ್ಜಿ ಪಡೆಯಲು ಸಲ್ಲಿಸಲು ಪ್ರಾರಂಭ ಹಾಗೂ ಕೊನೆಯ ದಿನಾಂಕ	ದಿ.21.06.2025ನೇ ಶನಿವಾರದಿಂದ 28.06.2025ನೇ ಶನಿವಾರದವರೆಗೆ
2.	ನಾಮನಿರ್ದೇಶನ ಅರ್ಜಿಯನ್ನು ಪರಿಶೀಲಿಸಿ ಪಡೆಯಲು ಕೊನೆಯ ದಿನಾಂಕ	ದಿ.30.06.2025ನೇ ಸೋಮವಾರ ಅಪರಾಹ್ನ 3.00 ಗಂಟೆಯವರೆಗೆ
3	ಚುನಾವಣೆ ನಡೆಯುವ ದಿನಾಂಕ, ವೇಳೆ ಹಾಗೂ ಸ್ಥಳ	ದಿ.13.07.2025ನೇ ಭಾನುವಾರ ಬೆಳಿಗ್ಗೆ 10.00 ಗಂಟೆಯಿಂದ ಸಂಜೆ 4.00 ಗಂಟೆಯವರೆಗೆ ಜೆ.ಪಿ. ನಗರ ಬ್ರಾಹ್ಮಣ ಸಂಘದ ಸಭಾಂಗಣದಲ್ಲಿ
4	ಮತಗಳ ಎಣಿಕೆ ಹಾಗೂ ಚುನಾವಣಾ ಫಲಿತಾಂಶ	ದಿ. 13.07.2025 ಭಾನುವಾರ ಮತದಾನ ಪೂರ್ಣಗೊಂಡ ನಂತರ ಮತಗಳ ಎಣಿಕೆ ಹಾಗೂ ಸಭಾದ ನೋಟೀಸ್ ಬೋರ್ಡಿನಲ್ಲಿ ಫಲಿತಾಂಶ ಪ್ರಕಟಣೆ

ಜೆ.ಪಿ. ನಗರ ಬ್ರಾಹ್ಮಣ ಸಂಘ (ರಿ), ಜೆ.ಪಿ. ನಗರ, ಮೈಸೂರು

Over a cup of evening Tea

By Dr. K. Javeed Nayeem, MD

Justice, Oh,

So Miserably Misplaced!

Some time ago, I had an occasion to write an article about how a petty thief who had stolen a pair of buffaloes and a calf in Karnataka, was nabbed far away in Maharashtra, a full fifty-seven years after he had committed the crime. The man, who had indulged in the theft in the year 1965, when he was just a twenty-year-old, daily wage-earning lad, was a full seventy-seven years old, when he was apprehended in 2023, for a crime, which he himself perhaps had forgotten and even atoned for.

But although God himself had perhaps accepted his repentance and had forgiven him too, the long arm of the law had not forgotten his peccadillo and had kept the dossier on him open and alive at the Police Station, where the now long deceased complainant had lodged his grievance.

It is a different matter that this same, conscientious long arm of the law, very often, not just fails to take cognisance of more grievous crimes, of the most horrific and despicable kind but even rubs elbows, day in and day out, with the perpetrators. That is why, we see a million times more grinning criminals, disdainfully thumbing their noses at our law makers and legal system and roaming scot-free, than those who are actually paying for their crimes. Sometimes we even get to see the other extreme side of justice going far beyond its legitimate role and punishing helpless people with penalties which they simply do not deserve.

Just a few weeks ago, I had written about another horrible case of the miscarriage of justice, where a completely innocent villager was arrested and incarcerated in jail for a full two years, for the murder of his wife which he never committed. In fact, there was no murder at all, in this strange case. It is just that his wife, who was perhaps bored with him and fascinated with someone else, went missing and the Police decided that because they had to show themselves as prompt and efficient in their duty, decided to take the shortest route to fame. So, they arrested the hapless husband and made him identify an unidentified body as that of his wife and then tortured him into admitting that he had indeed killed her.

The path of justice then took the man straight to jail where he languished for a full two years, till a friend of his informed him that he had seen his wife happily sitting in a hotel, in the company of another man. This discovery too would not have brought the miserably poor man any succour, had it not been for the kindness of a proactive, service-minded lawyer, who stepped in to get him the justice he deserved, completely free of cost.

Although his tale of torture had a happy ending with his acquittal, there was not much real happiness for him because the two years our law-keepers and legal system had stolen from his life, cannot be gifted back to him. Moreover, the social stigma and disgrace of being labelled a murderer, not just in people's minds but in the minds of his two little children, for a full two years, will always remain an inerasable pain in his heart, for which society has just no remedy.

When I wrote about the strange case of this most unfortunate man, I had likened it to the story, **'God sees the truth but waits'** by the famous Russian writer **Leo Tolstoy,** where the innocent protagonist, **Ivan Dmitritch Aksionov** suffers a similar fate, with no reprieve till his death.

KBG, the Founder-Editor of *SOM,* after reading my article, called me up and we had a very long discussion about how unfair life sometimes can be and particularly about Tolstoy's rationale in giving that title to his story where God, who always sees the truth, sadly decides to wait until it is too late, even for him to help the innocent man. This led to a discussion of some of Tolstoy's other writings, when I suggested to **KBG** that he should read his very iconic book, ***'The Resurrection'*** which deals with a very similar theme, and which with its many twists and turns, makes it some very sad but gripping reading.

To make it easy for him, I gifted him a copy of the book, after reading which he called me up again. This time, it was to tell me that it was perhaps a sad coincidence that while we were discussing cases of the miscarriage of justice, there was another such incident where very recently, **a hundred-and-four-year-old, completely innocent man was released from jail on May 23, 2025, after being incarcerated for forty-three years.** Yes, you read me right.

A barely able to walk, **Lakhan Pal,** was recently released from Kaushambi Jail after being acquitted by the Allahabad High Court. He had been imprisoned along with three other suspects, on charges of murder in the year 1977. Although the four were long ago acquitted of all the charges against them, they could not secure their release for 'technical reasons', whatever that means, to the law and its enforcers. Eventually, Lakhan's long due release had to be facilitated by the **District Legal Services Authority (DLSA),** but by the time this happened, his two other fellow prisoners had died, with justice being denied to them, while one had been released, only because he was found to be too sick and feeble to be looked after in jail.

The question that comes to my mind here, is what sense of relief, let alone happiness, will this feeble, innocent old man experience, with the miserably **moth-eaten justice that has been doled out to him?** And, what does this kind of justice speak of our very tall claim to being highly civilised human beings? **It is perhaps this kind of unjust justice, that Mark Anthony refers to, upon Julius Caesar's assassination when he says:** *Justice, O Justice, thou art fled to brutish beasts, And men have lost their reason!* **Do think about it!**

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Yoga Pranotsava 2025

Two-day State-level Seminar

on 'Yoga Pranayama' on June 19, 20

SPFT Founder-President Dr. Devaki Madhav addressing the press meet at Pathrakarthara Bhavan in city recently. She is flanked by SPFT Secretary Seetha Ramesh and Member Madhava Sadashiva.

Mysuru, June 15- As a prelude to International Day of Yoga-2025, 'Yoga Pranotsava-2025,' a two-day State-level Seminar on 'Yoga Pranayama' has been organised by Scientific Pranayama Foundation Trust (SPFT), Mysuru, at GSSS Institute of Engineering and Technology for Women (GSSSIETW) on KRS Road in Metagalli, Mysuru, on June 19 and 20. The seminar is organised in association with ATME College of Engineering, Mysuru, RV College of Engineering, Bengaluru and Indian Yoga Association, Karnataka.

Announcing this at a press meet at Pathrakarthara Bhavan in city recently, Dr. Devaki Madhav, Founder-President, SPFT, said that the Seminar will be inaugurated at 9.30 am on June 19. Squadron Leader Paridhei Singh Karthik, retired Pilot, Indian Air Force, will be the chief guest. Yogamitra Dr. A. Subramanian, Secretary, Indian Yoga Association, Karnataka and Dr. Shivakumar, Principal, GSSSIETW, will be the guests of honour. Dr. Rajashekhar Reddy Poreddy, Neurosurgeon, Cancer Care India, Bengaluru, will preside.

Valedictory of 'Yoga Pranotsava' will be held on June 20 at the same venue at 9.30 am. Swami Mahamedhanandaji, Correspondent, Ramakrishna Institute of Moral and Spiritual Education (RIMSE), Mysuru, will be the chief guest. Dr. Seethalakshmi, renowned Yoga Researcher and Educator and Dr. L. Basavaraj, Principal, ATME College of Engineering, will be the guests of honour.

On the occasion, 'Prana-Tattva Vikasa,' a Yogic Dance-Drama directed by Dr. Tulasi Ramachandra, Director, Nrityalaya Trust, Mysuru, will be presented.

Around 40 Yoga Science experts will present papers at the two-day event and interested may take part in the Seminar for free. For details, contact Mob: 93412-02292 or 99001-50619.

SPFT Secretary Seetha Ramesh and Member Madhava Sadashiva were present.

Excels in Masters Badminton Championships

Arun Poovaiah receiving trophies at Chennai (pic. left) and Mangaluru.

Mysuru, June 15- Maleyanda Arun Poovaiah, a player of International repute, came out with stupendous performance at two different Pan India Masters Badminton Championships held at Chennai and Mangaluru respectively .

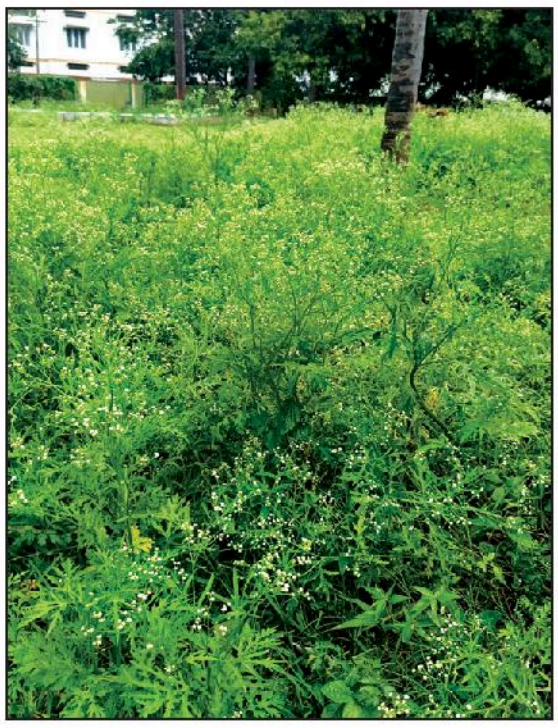
In the Tournament conducted by Tambaram District Badminton Association at Chennai, Arun stole the show by winning Triple Crown (Singles/ Doubles and Mixed Doubles).

In the Mangaluru Tournament, Arun won the Singles Trophy. He received the trophy from his younger brother Ashok Poovaiah, ex-international player, who was the guest of honour.

Arun is presently preparing himself to participate in the World Master's Badminton Championships representing India to be held at Pattaya, Thailand, during September this year.

Arun had earlier won silver and bronze medals at World Masters Badminton Championships held at Malaysia and Bulgaria. A native of Nelji, Napoklu in Kodagu, Arun is presently based in Bengaluru and is involved in coaching budding Badminton players.

'Parthenium Park' in city!



Mysuru, June 15 (PM&DM)- Amid the 'Swachh Bharat' campaign and 'Swachh Survekshan' survey, a neglected park in the city has got converted into a 'Parthenium park' with parthenium weed plants growing in it uncontrolled.

This park is located on Maruti Temple Road in Kuvempunagar coming under MCC Ward 47. Parthenium plants have grown big in this park, posing skin allergy risks to both humans and animals. Though no ornamental, flowering or fruit bearing plant can be found in this park, one can find parthenium weeds everywhere, which is called as a park only for namesake.

Though physical exercise equipment has been installed at two points of the park, hardly anyone seems to be using them as plants and bushes are grown all-round the spots. With very little usage, these spots have been covered with dried up leaves and twigs of plants and trees around. With the city receiving copious rainfall for the past several days, it has helped parthenium weeds to grow and expand to other vacant spaces in the park. Another apprehension that is bothering the public is that with parthenium weeds all around, the park is going to become a home for snakes, rodents, insects etc.

Despite all these odds, the park is being best used by children who play cricket and other games. However, the poisonous creatures that may creep into the park may pose a threat to the lives of these innocent children.

Locals have been complaining to the concerned authorities about the sorry state of the park and its poor maintenance. Despite this, the MCC seems to have turned a blind eye as the park continues to be a favourite place for waste and plastic bottles dumping, when the park is supposed to provide walking space to joggers and a mini playground for children.

Food safety officials crack down on substandard edible oil sales

Mysuru, June 15 (BLU&BS)- Following complaints about the unchecked sale of sub-standard edible oil, Department of Food Safety and Drug Administration officials conducted surprise raids on shops selling edible oil and collected samples for laboratory testing.

Dr. S.L. Ravindra, Designated Officer of the Department, said the raids were carried out on the instructions of the Food and Consumer Affairs Department.

Samples of various oil brands have been sent to the Regional Food Laboratory in the city for testing and the reports are awaited. Labels from different manufacturers have also been collected to verify compliance with ISI standards. The drive stems from the fact that edible oil is a daily essential in every household — used for preparing breakfast, lunch, dinner, snacks, sweets and other refreshments. Of late, numerous complaints have surfaced about poor-quality oil being sold in market.

Vendors are allegedly pushing sub-standard oils as an alternative to reputed brands, which are priced between Rs. 130 and Rs. 170 per litre. Thus, they are luring regular customers with cheaper, lesser-known brands.

A key factor that determines the quality of edible oil is fortification — the addition of essential vitamins A and E, which help boost immunity, maintain healthy blood vessels and promote overall good health.

Fortified with vitamins

Much like iodine is vital in salt, fortification is mandatory for edible oil. However, concerns have been raised about inadequate fortification levels in some oils available in the market.

In response, the Government has made it mandatory for edible oils to be fortified with vitamins A and E. Substandard oils often contain minimal fortification and may lack other essential standardised raw materials, posing a serious health risk to consumers. This illicit trade has continued to thrive in recent years.

Experts have also raised concerns about the reuse of oil in preparing snacks such as *vade, bonda, samosas, pappads* and other items. Reused oil tends to darken and develop hazardous Total Polar Compounds (TPC) in significant amounts, which can adversely affect health if consumed.

Filing of new Income Tax Returns for FY 2024-25: Date extended

Mysuru, June 15- In view of the extensive changes introduced in the notified Income Tax Returns (ITRs) and considering the time required for system readiness and roll-out of ITR utilities for financial year 2024-25, the Central Board of Direct Taxes (CBDT) has extended the due date for filing of Income Tax Returns, which was originally due on July 31, 2025, to Sept. 15.

Enhancing the transparency and enabling accurate reporting, the new additional disclosures for claiming deduction in the Income Tax Returns to be filed by the individuals under OLD REGIME are required to be ready with the following information:

House Rent Allowance (HRA u/s 10(13A): Must report Place of Work, Basic Salary, Actual HRA received, Actual Rent paid; **Insurance Premium, Provident Fund, etc., u/s Section 80C:** Compulsory to mention Policy Number or Document Identification Number for eligible investments.

Interest on Housing Loan u/s 24(b): Bank Name, IFSC code, PAN, Loan Account Number, Date of sanction, Loan Outstanding as on 31.3.2025; **Medclaim u/s Section 80D:** Name of the Insurance Company and Policy Number; **Interest on loan taken for higher education u/s Section 80E:** Bank Name, Loan A/C Number, Sanction Date, Loan Amount, Loan Outstanding as on 31.3.2025.

Interest on housing loan (sanctioned in FY 16-17) u/s Section 80EE: Need to report Bank Name, Loan A/C Number, Sanction Date, Loan Amount, Loan Outstanding as on 31.3.2025; **Deduction in respect of interest on loan taken for certain house property u/s 80EEA:** Bank Name, Loan A/C Number, Sanction Date, Loan Amount, Loan Outstanding as on 31.3.2025.

Deduction in respect of interest paid on purchase of electric vehicle u/s Section 80EEB: Must disclose Bank Name, Loan Account Number, Date of Sanction of loan, Loan Amount, Vehicle Registration Number; Outstanding as on 31.3.2025.

Medical treatment of specified diseases u/s SECTION 80 DDB: Must specify the Name of Specified Disease for medical treatment deduction; **Details of donations entitled for deduction u/s 80G:** PAN and all details of Donation received entity.

Details of deduction in case of a person with disability u/s 80U: Nature of disability, Type of disability, Amount of deduction, Ack. No. of Form 10IA filed; **Deduction in respect of dependent with disability u/s 80DD:** Nature of disability, Type of dependent, PAN of the dependent, Aadhaar of the dependent and Ack. No. of Form 10IA filed.

Before filing the Income Tax Returns, it is suggested to verify and report the transactions appearing in Annual Tax Statement (FORM 26AS), Annual Information Statement (AIS) and Taxpayer Information Summary (TIS) wherever applicable.

For detailed information reference may be made to the provisions of the Income Tax Act, 1961, the Income-Tax Rules, 1962, relevant circulars and/or notifications, says a press release from N.D. Shreenivaas of Bhavani Associates, Mysuru.

MCC cautions food sellers against unauthorised persons

Mysuru, June 15- Following complaints that unauthorised persons are calling food sellers claiming that they will get Registration/License of FSSAI (Food Safety and Standards Authority of India) done for 5 years, the FSSAI authorities have cautioned food sellers coming under MCC jurisdiction against such unauthorised persons. They have warned the food sellers against becoming victims of fraudsters, who reportedly claim that they will get the licence for 5 years and even send Whatsapp messages on issuance or renewal of license. In a press release, the FSSAI authorities said that the food sellers can themselves get their license or renew their license through the official website- www.foscos.fssai.gov.in.

Neither the FSSAI nor the MCC office will call the food sellers on issuance or renewal of license. Also, those who have got fake license or renewal through Whattsapp messages, can check their license by logging on to the website: www.foscos.fssai.gov.in.

JK Tyre workers harassed mentally, physically, alleges Sangha

Mysuru, June 15 (GA&BS)- JK Tyre Badali Mathu Dinagooli Karmikara Kshemabhivrudhi Sangha has accused the management of JK Tyre of practicing anti-labour attitude, by mentally and physically harassing the badali workers, in clear violation of Labour Court order.

Addressing a press meet at Patrakarthara Bhavana in the city yesterday, Indiresh Hon. President of JK Tyre Badali Mathu Dinagooli Karmikara Kshemabhivrudhi Sangha, alleged that, those workers who were reinstated in service, following the Court order preceding five-year long struggle, are being subjected to harassment. The workers had been shown doors for the only reason of forming an association. It was only after the Labour Court called it as 'anti-labour' move, they were taken back to work.

Those workers are being allotted jobs that won't match with their physical ability. Even those aged above 50 years are forced to lift tyres weighing 50 kg to 60 kg up to four feet. The deliberate motive behind this is to coerce them to quit the job on their own.

The Department of Labour, Labour Court and Karnataka State Human Rights Commission (KSHRC) should intervene and provide justice to the labourers, demanded Indiresh.

WORD OF THE DAY

Vexillology

Pronunciation: vek-suh-LAH-luh-jee (Noun)
Meaning: Vexillology is the study of flags.
Origin: "The flag is the embodiment, not of sentiment, but of history." Woodrow Wilson was speaking of the U.S. flag when he made that statement in an address in June of 1915, but those who engage in vexillology — that is, vexillologists — would likely find the comment applicable to any national banner. Vexillologists undertake scholarly investigations of flags, producing papers with titles such as "A Review of the Changing Proportions of Rectangular Flags since Medieval Times, and Some Suggestions for the Future." In the late 1950s, they coined vexillology as a name for their field of research, basing it on vexillum, the Latin term for a square flag or banner of the ancient Roman cavalry. The adjectives vexillologic and vexillological and the noun vexillologist followed soon thereafter.
Example: "...flags should have simple elements, a limited number of colors, and no words. One of the tenets of vexillology is that the elements of the flag should be simple enough to be easily drawn by a child." —The Toledo (Ohio) Blade, 9 Jan. 2025.

THE ODD WORD

Makebate

One that excites contention and quarrels

IDIOM OF THE DAY

On The Ball

Meaning: The phrase 'on the ball' is a used to say when someone understands the situation very well.
Origin: It's easy to see why this phrase originated from the sport. During a game, it's used to say to that one should remain focused on the game.
Example: "Dana is totally on the ball since she started taking her vitamin supplements every day."

QUOTE BOX

Formula for success: rise early, work hard, strike oil. **—J. Paul Getty**

RIDDLE THIS

Solve the rebus:

Your Time

Answer: Your Time Is Up!

CROSS WORD

ACROSS:

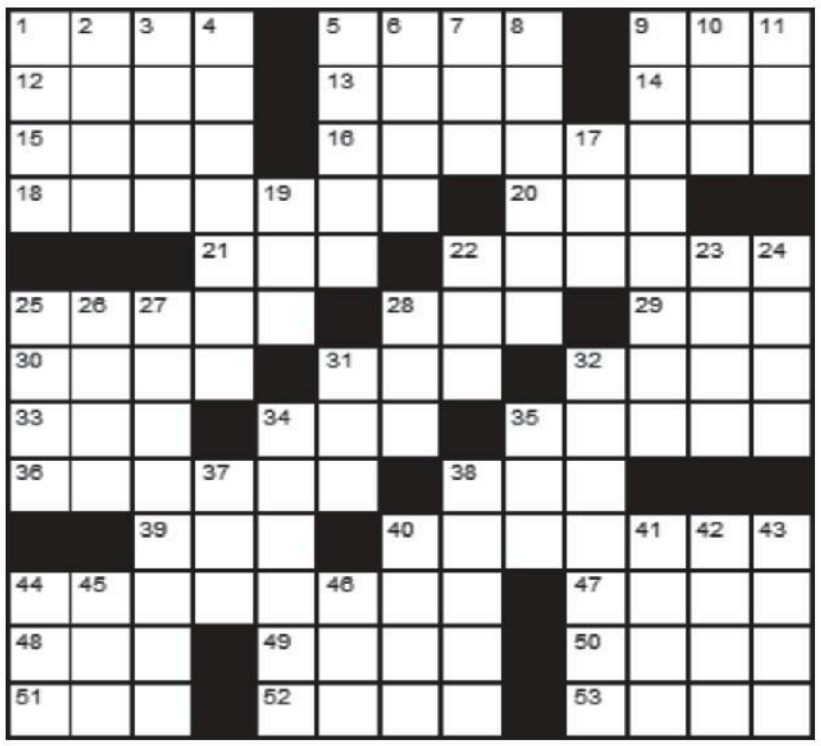
1 An Arab vessel
5 A smart ___ : a would-be smart person?
9 Altar vow (1,2)
12 Italian painter Guido - "rine" anagram?
13 Ark builder
14 ___ Sarovar : bird sanctuary in Gujarat?
15 Mountain range
16 Bollywood's ___ Kapoor
18 Lord of the rings wizard
20 Public Sector Undertaking, in short
21 Female sheep
22 Rigidly or tightly
25 American elk
28 Moral offence
29 Battery size
30 Is not, in contracted form
31 Islet
32 Be aware of
33 Estimated life expectancy
34 Superlative suffix
35 Checkmate ends this game
36 Wanderers
38 To and ___ : backwards and forwards?
39 Japanese sash
40 An ancient Greek or Roman warship
44 Small or unimportant details
47 Very old
48 Orig. sound track
49 Catch sight of
50 Uncool type
51 Cable TV alternative
52 Snack from the South
53 A particular extent of ground

DOWN

1 Medicine
2 Zeus' wife
3 __ __ even keel : cruising serenely? (2,2)
4 Most feral or beastly; least tamed
5 The joint between the foot and the leg
6 Spend time idly
7 A head of corn
8 Interrupt, contribute money etc.? (4,2)
9 Brutal
10 Water barrier
11 Uber competitor
17 Kazakhstan formerly: abbr.
19 Reverence or respect
22 Capable
23 Cambodia's neighbour
24 Swerves
25 Bearing - "mine" changed?
26 Norwegian city
27 Four weeks and a little more (3,5)
28 Be in session
31 Beast of burden
32 Har Gobind ___ : India-born Nobel laureate ?
34 Revised copies
35 Chronic renal insufficiency, acronym
37 Rajasthan's Mount ___
38 Norse goddess of love
40 Strikes light blows
41 Elbe tributary
42 Simple or pure
43 Scandinavian books
44 Modern or modify in short
45 First in short
46 Prefix meaning equal

YESTERDAY'S ANSWER

M	E	A	D	■	C	U	R	■	K	A	U	R
A	N	T	I	P	O	P	E	■	A	F	R	O
R	O	M	A	N	T	I	C	■	N	A	G	S
■	■	■	P	I	E	■	O	S	P	R	E	Y
G	I	V	E	N	■	T	U	T	U	■	■	■
U	S	E	R	■	P	A	P	Y	R	U	S	■
T	U	N	■	M	E	L	E	E	■	N	W	S
■	P	I	E	B	A	L	D	■	B	I	A	O
■	■	■	L	A	C	Y	■	G	E	T	B	Y
C	R	E	A	S	E	■	E	N	D	■	■	■
L	I	L	T	■	F	A	T	A	L	I	S	T
A	P	A	E	■	U	N	A	W	A	R	E	S
M	E	N	D	■	L	I	L	■	M	E	T	E



SUDOKU

7		1	2			4		
	3				9	2		5
							9	
			6	4	1	9		
		4	8	9	5			
	6							
8		5	7				3	
		3			4	1		7

Answer to previous puzzle

5	2	3	4	8	9	7	1	6
8	7	6	3	5	1	2	4	9
4	9	1	6	2	7	8	3	5
1	8	9	5	4	2	3	6	7
7	4	5	9	3	6	1	8	2
6	3	2	1	7	8	9	5	4
2	5	4	7	1	3	6	9	8
3	6	7	8	9	4	5	2	1
9	1	8	2	6	5	4	7	3

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

PLUDU NDU GI NJJVBUGPA. HIB'A WXAP

PDKVGH PI DUCNVG NGIGKCIXA.

TODAY'S CLUE: H EQUALS G

Yesterday's Cryptoquip: Middle age is when your age starts to show around the middle.

MOVIE LOVERS

NOW SHOWING - SINGLE SCREEN THEATRES

- **Woodlands Theatre** — **Ph: 2422871**
  Maadeva (K) - 4 Shows
- **Gayathri Theatre** — **Ph: 2443568**
  Maadeva (K) - 4 Shows
- **Mahadeshwara Theatre** — **Mob: 99008-20093**
  Maadeva (K) - 4 Shows
- **Prabha Theatre** — **Mob: 98454-14691**
  Bhagiratha (K) - 4 Shows
- **Sangam Theatre** — **Ph: 2520494**
  Edagaiye Apaghatakke Karana (K) - 4 Shows
- **Padma Theatre** — **Ph: 2521923**
  Pudhupettai (Ta) - 4 Shows
- **Lido Theatre** — **Ph: 2420885**
  Mersal (Ta) - 4 Shows
- **Rajkamal Theatre** — **Ph: 2423554**
  Holocaust (Ta) - 4 Shows
- **Balaji Theatre** — **Mob: 98863-25207**
  Housefull 5 (H) - 3 Shows

DRC CINEMAS — Ph: 4240422, 4241800

How To Train Your Dragon (E-3D)	(S-1)	11 am, 1.45 pm, 4.30 pm 7.10 pm, 9.55 pm
From The World of Johnwick Ballerina (E)	(S-2)	11 am, 7.15 pm, 10 pm
Edagaiye Apaghatakke Karana (K)	(S-2)	1.45 pm, 4.30 pm
Maadeva (K)	(S-3)	10.10 am, 4.15 pm 7 pm, 9.50 pm
Mersal (Ta)	(S-3)	1 pm
Pudhupettai (Ta)	(S-4)	12.45 pm
Housefull 5A (H)	(S-4)	4.05 pm, 7.15 pm 10.30 pm

MYSURU VISION CINEMAS — Ph: 0821 - 2973519

Edagaiye Apaghatakke Karana (K)	(S-1)	1.45 pm, 4.25 pm, 6.50 pm
Maadeva (K)	(S-1)	9.15 pm
	(S-2)	1.15 pm, 4.30 pm, 7.30 pm
Yuddhakaanda - Chapter 2 (K)	(S-3)	6.50 pm
Housefull 5A (H)	(S-4)	1.15 pm, 4.30 pm, 7.45 pm

PVR CINEMAS — 4K Dolby 7.1

Nexus Centre City Mall, 2nd Floor. Ph: 0821-230 0402

How To Train Your Dragon (E-3D)	:	9 am, 11.30 am, 1.45 pm 5 pm 7.15 pm, 10.30 pm
Mission: Impossible - The Final Reckoning (E)	:	9.25 am, 3.40 pm
From The World of John Wick: Ballerina (E)	:	9.30 am, 11 am, 2.15 pm 4.30 pm, 7.45 pm, 10 pm
From The World of John Wick: Ballerina (H)	:	9.30 pm
Edagaiye Apaghatakke Karana (K)	:	10.25 am, 1 pm, 6.55 pm
Housefull 5A (H)	:	10.25 am, 12.15 pm, 3.35 pm 6.55 pm, 10.15 pm
Pa...Pa...(O Naanna) (Te)	:	12.55 pm
Materialists (E)	:	1.45 pm, 4.20 pm, 9.30 pm
Sanju Weds Geetha 2 (K)	:	3.35 pm
Maadeva (K)	:	6.25 pm
Demon Slayer: Mugen Train (Japanese)	:	7.10 pm
Final Destination Bloodlines (E)	:	9.45 pm

1st Floor, Garuda Mall. Mob: 88009 00009

How To Train Your Dragon (E-3D)	:	9 am, 11 am, 2.15 pm 4.30 pm, 7.45 pm, 10 pm
From The World of John Wick: Ballerina (E)	:	9.30 am, 11.30 am, 1.45 pm 5 pm, 7.15 pm, 10.30 pm
Housefull 5A (H)	:	10.10 am, 12.15 pm, 4.20 pm 6.10 pm, 10.15 pm
Trailers Screening Show (Multi Language)	:	10.30 am
Maadeva (K)	:	1.30 pm
Edagaiye Apaghatakke Karana (K)	:	3.35 pm, 7.40 pm, 9.30 pm

Pratishtapana anniversary celebrations at Ayyappa Temple from tomorrow

Mysuru, June 15- As part of its Pratishtapana anniversary, Sabarimala Sree Ayyappa Pooja Samithi - Sree Ayyappa Swamy and Sree Guruvayurappan Temple, foot of Chamundi Hill, Mysuru, has organised various events:

June 16 (5.30 pm to 8 pm): Prasada Shuddhi of Sri Guruvayurappan, Astra Kalasha Puja, Vaastu Homa, Vaastu Kalasha Puja, Vaastu Kalashabhishekam, Vaastu Bali, Rakshogna Homa & Athazha Puja.

June 17 (5.30 am to 11.30 am): Ganapati Homa, Chatushuddhi, Bima Shuddhi for Guruvayurappan, Panchagavyam, Panchagam, Astra Kalasha Puja, Kalashabhishekam, Ucha Puja; **12 noon:** Annadanam; **5.30 pm to 8 pm:** Deeparadhana, Special Pujas with Vadyam and Athazha Puja.

June 18 (5.30 am to 11.30 am): Ganapati Homa, Udayasthamana Puja to Sri Guruvayurappan, Navagam Panchagavyam, Ucha Puja; **12 noon:** Annadanam; **5.30 pm to 8 pm:** Deeparadhana, Special Pujas with Vadyam and Athazha Puja.

June 19 (5.30 am to 11.30 am): Ganapati Homa, Udayasthamana Puja to Sri Ayyappa Swamy, Navagam, Panchagavyam, Ucha Puja; **12 noon:** Annadanam.

For further details, contact Ph: 0821-2484688.

EVENTS TODAY (JUNE 15)

- **Sri Ramakrishna Ashram, Mysuru:** Swami Aghaharanandaji speaks on 'Srimate Saradadevi mattu Adhyatma Yoga' in Kannada, Ashram premises, Yadavagiri, **6 pm to 6.50 pm.**
- **Aarabhi Musical Trust:** Pada Pada Janapada, an evening of enchanting Kannada folk songs, Dr. H.R. Leelavathi chief guest, Mini Theatre, Kalamandira premises, **6 pm.**
- **Rangayana:** Staging of play 'Aa Ooru Ee Ooru,' directed by Yathish N. Kollegala, Bhoomigeeta auditorium, Rangayana premises, **6.30 pm.**
- **Natana School of Theatre Arts:** Staging of play 'Heegadre Hege?' by VASP Theatre, Bengaluru, directed by Vinay Shastry, Natana premises, Ramakrishnanagar, **6.30 pm.**
- **Avadhoota Datta Peetham:** 4k Projection Mapping on 45-ft tall Karya Siddhi Hanuman statue, Sri Ganapathy Sachchidananda (SGS) Ashram, Dattanagar, Nanjangud Road, **(3 Shows) 7.10 pm, 7.40 pm and 8.10 pm.** [Note: If rain or wind persists shows will be cancelled]

EVENTS TOMORROW (JUNE 16)

- **Sarada Vilas Educational Institutions - Sarada Vilas College of Pharmacy and Pharma Vision (South):** International Day of Yoga - 2025 (Theme: Yoga for One Earth, One Health), GSS Yoga Srihari chief guest, Ranganath of Yogalaya and Sarada Vilas Educational Institutions Hon. Secretary R. Narasimha guests of honour, Sarada Vilas Educational Institutions Principal Dr. Hanumanthachar Joshi presides, Prof. Chinnaswamy Setty Conference Hall, Sarada Vilas College of Pharmacy, **11 am.**
- **Sabarimala Sree Ayyappa Pooja Samithi - Sree Ayyappa Swamy and Sree Guruvayurappan Temple, foot of Chamundi Hill, Mysuru:** Pratishtapana anniversary, Prasada Shuddhi of Sri Guruvayurappan, Astra Kalasha Puja, Vaastu Homa, Vaastu Kalasha Puja, Vastu Kalashabhisheka, Vaastu Bali, Rakshogna Homa and Athazha Puja, Temple premises, **5.30 pm to 8 pm.**

INOX LIVE the MOVIE

Mall of Mysore - Mob: 78299-99465

How To Train Your Dragon (E-3D)	:	9 am, 11.30 am, 2.15 pm 5 pm, 7.45 pm, 10.30 pm
Edagaiye Apaghatakke Karana (K)	:	9.20 am, 1.25 pm, 9.40 pm
Housefull 5A	:	10 am, 11.45 am, 3.10 pm 6.35 pm, 10 pm
From The World of John Wick: Ballerina (H)	:	11.20 am, 6.55 pm
From The World of John Wick: Ballerina (E)	:	2.05 pm, 4.50 pm 7.35 pm, 10.20 pm
Sanju Weds Geetha 2 (K)	:	4.05 pm

INOX Centro Mysore - Ph: 0821-4283555

Housefull 5 (H)	:	8.45 am, 11.55 am, 3.20 pm 6.45 pm, 10.10 pm
How To Train Your Dragon (E-3D)	:	8.50 am, 11.20 am, 2.05 pm 4.50 pm, 7.35 pm, 10.20 pm
From The World of John Wick: Ballerina (E)	:	9 am, 11.30 am, 2.15 pm 5 pm, 7.45 pm, 10.30 pm
From The World of John Wick: Ballerina (H)	:	4.15 pm
Edagaiye Apaghatakke Karana (K)	:	10.45 am, 7 pm
Maadeva (K)	:	1.25 pm
Ronth (Ma)	:	9.40 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there is no minimum audience of 15.

'Rathna Endendigu Rathna'

Award presentation & book release event

Mysuru, June 15- Theatre personality N. Dhananjaya will be conferred 'Ranga Rathna 2024' award by N.S. Anand at the 'Rathna Endendigu Rathna' (Rathna Forever Rathna) programme organised under the aegis of Na. Rathna Balaga at Devegowda Hall in Ideal Jawa Rotary School premises, JLB Road, at 10.30 am on June 19.

Na. Rathna

The programme marks the first death anniversary of city's late theatre personality Dr. Na. Rathna.

Also, Na. Rathna's book 'Kaiyalli Kailasam' will be released by M. Satyanarayana Rao, while Rathna's play 'Ayaan Shanti Kuteeram' (Telugu translation) will be released by Premalatha Rathna on the occasion.

Shashidhara Dongre and Mallikarjun Kondori will speak about the books.

For further details, contact Mob: 94489-90480.

Free ayurveda camp

Mysuru, June 15- Cauvery Ayurvedic Medical College and Hospital, near Devegowda Circle, KBL Layout, Mysuru, has organised a free Ayurveda health check-up camp from June 16 to 22.

The camp features treatment for children suffering from poor food intake, stomach upset, indigestion and worm infestation. Also, those with Rheumatoid Arthritis can benefit from the camp.

For further details, contact Ph: 0821-2970619 or Mob: 97317-99317, according to a press release from the Hospital Medical Superintendent.

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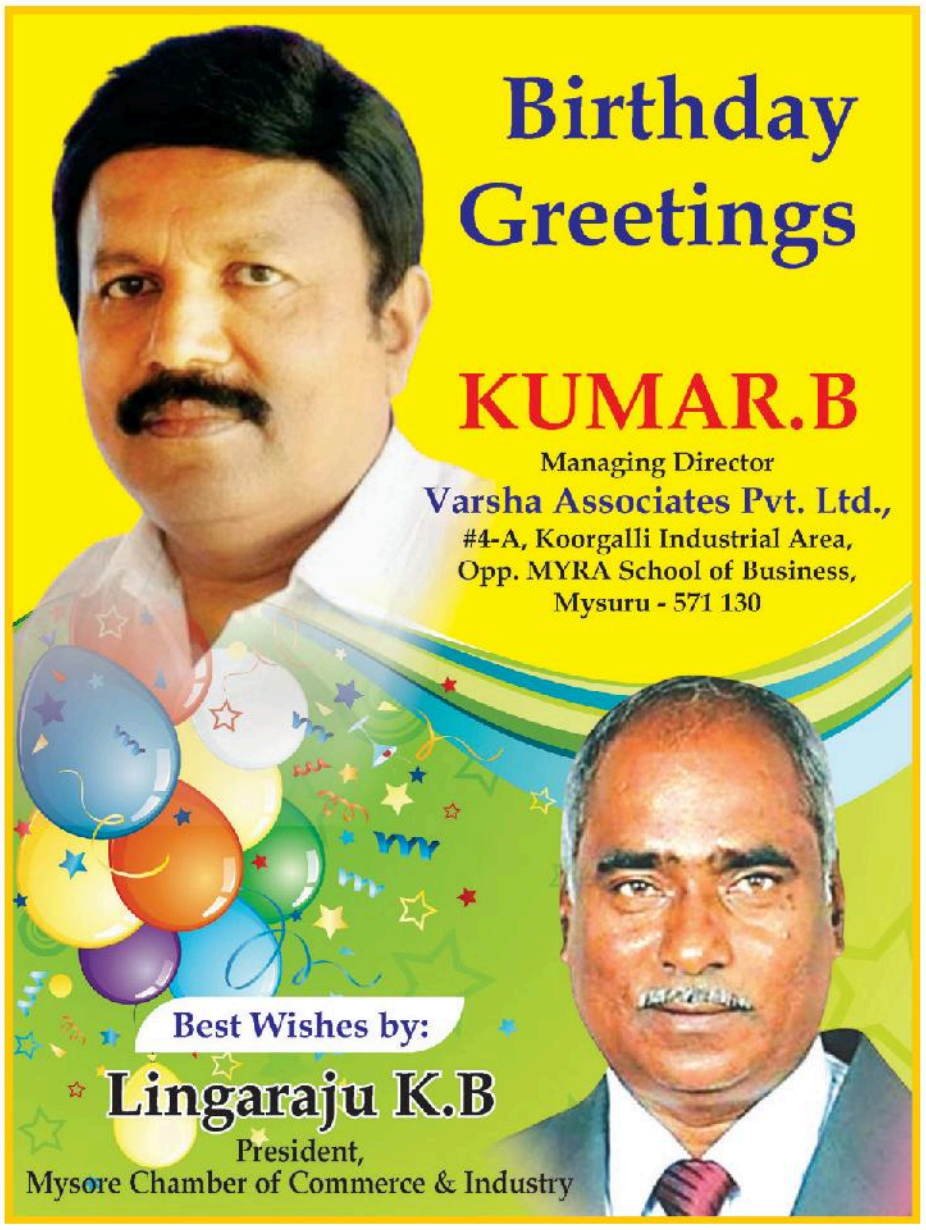

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2. **Knowledgeable Rice Mill Production Supervisor:**

Contact:
SANTHOSH AGRO TECH
KRS Road, Belagola, Srirangapatna.
Kindly send your resume to
Mob: **9611115628**

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Branch : Rotary West School, Opp. Kamakshi Hospital, Mysuru-09
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July	: 27, 28, 31
August	: 3, 4, 6, 7, 13, 15, 17, 18, 27, 31
September	: 1, 4, 25, 29
October	: 2, 5, 10, 13, 15, 16, 24, 29, 31
November	: 7, 9, 13, 16, 24, 27, 30
December	: 7, 11

Ramanuja Road, Mysuru

98459 23388 / 98459 63388

rajendrakalamandira@rpsshotels.com
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Printed by T.S. Gopinath and published by M. Govinde Gowda on behalf of Academy Newspapers Private Limited at Academy Newspapers Private Limited, 15-C, Industrial 'A' Layout, Bannimantap, Mysuru-570 015. Editor: M. Govinde Gowda. Phone: 2496520 / 2496521 / 2496522 / 2496523 / 2496526 / 2496527 / 2496528. City offices: Visveshwaraya Building, III Floor, K.R. CIRCLE, Mysuru-570 001, Phone : 2431774 and No. 114, D.Devaraj Urs Road, Mysuru-570 001, Phone : 2428695, E-mail address: voice@starofmysore.com, For Advertisements: ad@starofmysore.com, RNI Reg. No. 29894/78.